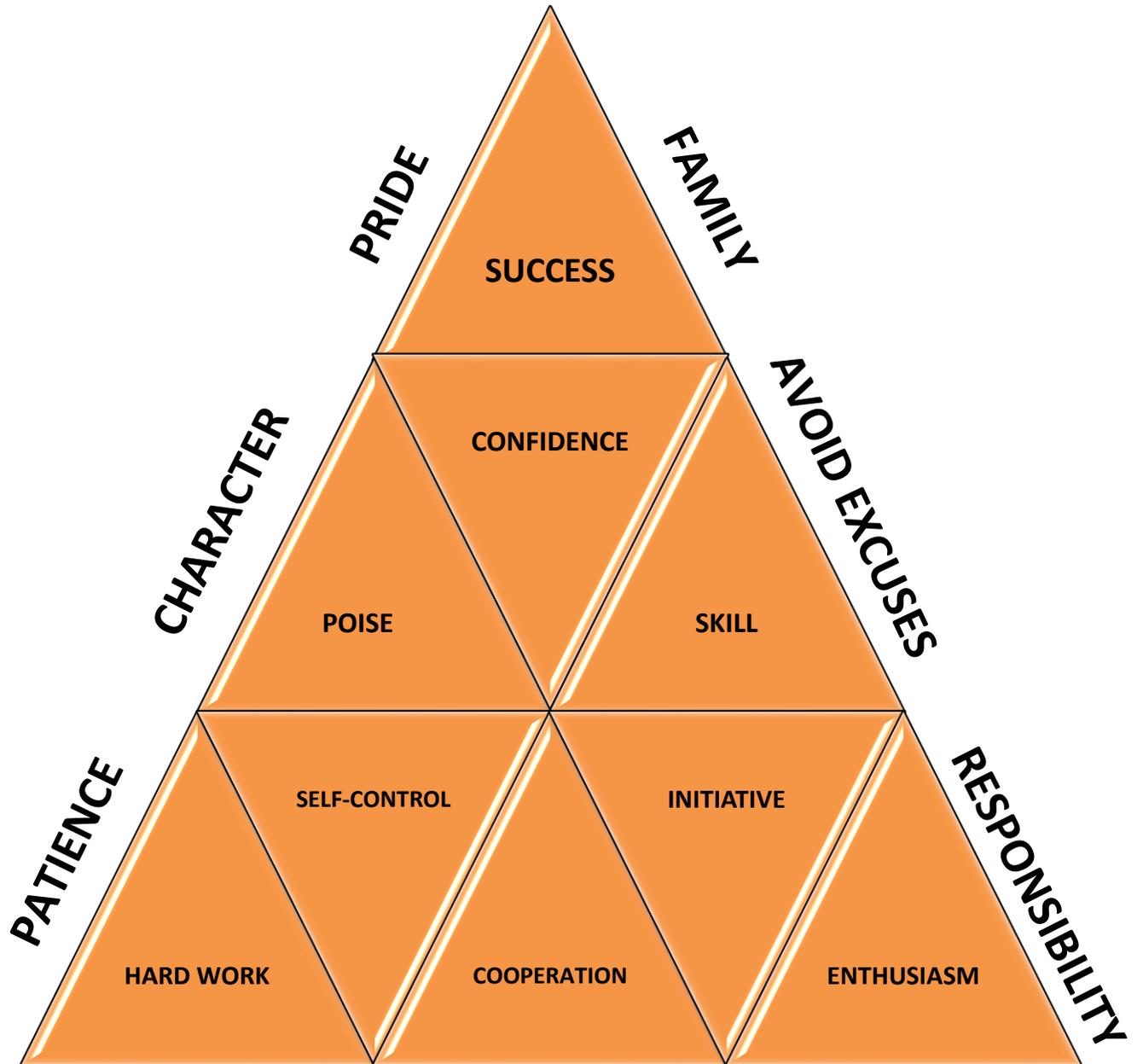
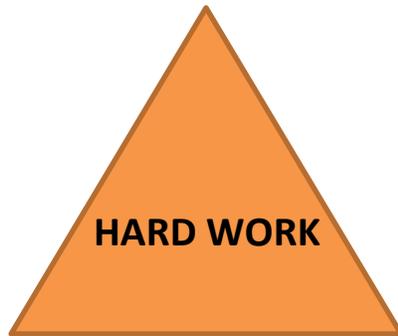


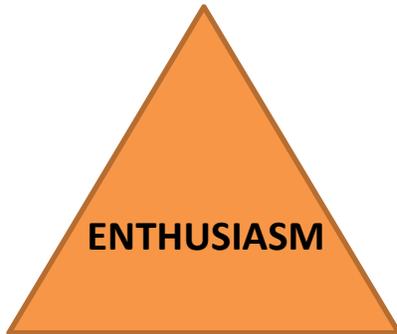


**STAMFORD HIGH SCHOOL
PYRAMID OF SUCCESS**



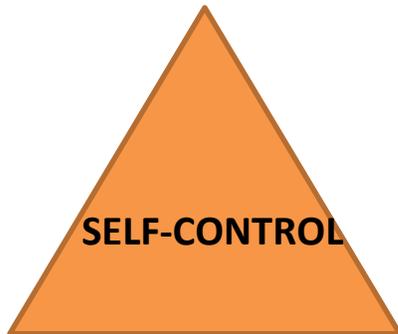


- There is no trick, no easy way to accomplish a difficult task.
- Your level of disappointment can **NEVER** outweigh the effort you put into something.
- The time you put in now **WILL** pay dividends in the future.
- It is not easy to be great at something; success comes with effort and hard work.
- Don't misconstrue the word "work". "Work" to most people is going through the motions of monotony.
- "Work" is when you fully commit to a cause (attaining a certain G.P.A.), become focused on that cause, and fully commit to it.
- "Diligence without direction gets you nowhere."

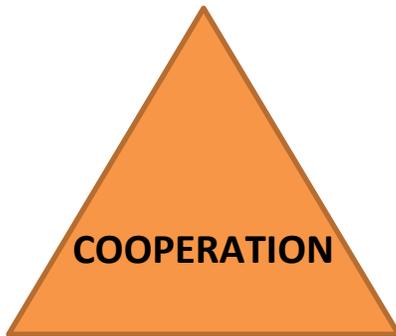


- **en·thu·si·asm**

1. Absorbing or controlling possession of the mind by any interest or pursuit; lively interest: *He shows marked enthusiasm for his studies.*
 2. An occupation, activity, or pursuit in which such interest is shown: *Hunting is his latest enthusiasm.*
 3. Any of various forms of extreme religious devotion, usually associated with intense emotionalism and a break with orthodoxy.
-
- There is a need to find joy in the things that you do.
 - You must find you inner eagerness and energy.
 - Enthusiasm leads to hard work which leads to success.
 - Enthusiasm must come from within and can come in many different forms.
 - Enthusiasm is infectious and can catapult your inner spirit to reach excellence.



- **self-control**
 1. Control or restraint of oneself or one's actions, feelings, etc.
 2. “Keep our emotions under control”
- “Discipline yourself and others won’t need to.”
- Life is about choices, positive and negative, which will have both positive and negative outcomes.
- The choices you make now can impact your future.
- You must learn to control your emotions.
 - Overreacting.
 - Language.
 - Attitude.
 - Making things personal when in fact they may not be.
 - You vs. Everyone
- Self-Control leads to consistency.



co·op·er·a·tion

1. An act or instance of working or acting together for a common purpose or benefit; joint action.
 2. More or less active assistance from a person, organization, etc.: *We sought the cooperation of various civic leaders.*
 3. Willingness to cooperate: *to indicate cooperation.*
 4. *Economics.* The combination of persons for purposes of production, purchase, or distribution for their joint benefit: *producers' cooperation; consumers' cooperation.*
 5. *Sociology.* Activity shared for mutual benefit.
- Impossible when we don't consider the opinions of others.
 - Progress is difficult when one doesn't listen.
 - You must learn to rely on others to show you HOW to do things, and then you can use your resourcefulness to make them your own.
 - Cooperating with teachers, family, and friends can make your existence a positive one on a road to securing excellence in your life.



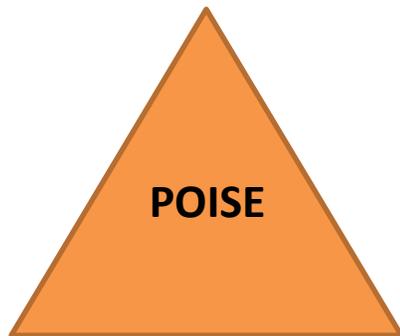
in·i·ti·a·tive

1. An introductory act or step; leading action: *to take the initiative in making friends.*

2. Readiness and ability in initiating action; enterprise: *to lack initiative.*

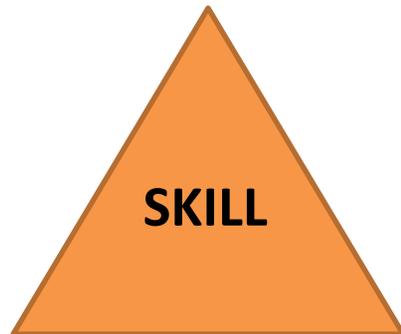
3. One's personal, responsible decision: *to act on one's own initiative.*

- Failure, errors and mistakes are part of life.
- Do not live in fear of making a mistake.
- Time is of the essence when opportunity knocks.
- “Failure to act is the biggest failure of all.”
- Have the courage to make a decision and to take action.
- Mistakes and failures can be permissible as long as they do not result from carelessness or poor preparation.



poise [poiz]

1. A state of balance or equilibrium, as from equality or equal distribution of weight; equipoise.
 2. A dignified, self-confident manner or bearing; composure; self-possession: *to show poise in company*.
 3. Steadiness; stability: *intellectual poise*.
 4. Suspense or wavering, as between rest and motion or two phases of motion: *the poise of the tides*.
 5. The way of being poised, held, or carried.
-
- Be true to oneself. Know who you are and what you are not.
 - Stay true to your beliefs, regardless of the situation.
 - Despite outside circumstances, behaving and acting accordingly.
 - Poise acquires you.
 - The competitive world we live in consistently challenges your composure. Your reaction to these challenges and obstacles will depend on your poise.



skill [skil]

1. The ability, coming from one's knowledge, practice, aptitude, etc., to do something well: *Carpentry was one of his many skills.*
2. Competent excellence in performance; expertness; dexterity: *The dancers performed with skill.*
3. A craft, trade, or job requiring manual dexterity or special training in which a person has competence and experience: *the skill of cabinetmaking.*

- You must know what you are doing to find success.
- You must know all parts of your job (being a student), the necessary traits that will allow you to find success.
- You must be prepared with all that your job requires.
- Success finds those who are lifelong learners.
- “When I am through learning, I am through.”
- Skills take practice, repetition, and diligence.



con·fi·dence [kon-fi-duh ns]

1. Full trust; belief in the powers, trustworthiness, or reliability of a person or thing: *We have every confidence in their ability to succeed.*
 2. Belief in oneself and one's powers or abilities; self-confidence; self-reliance; assurance: *His lack of confidence defeated him.*
 3. Certitude; assurance: *He described the situation with such confidence that the audience believed him completely.*
- There is nothing stronger than self-belief.
 - Confidence is only earned by tenaciously attaining those assets that allow you to reach your own level on competency (POTENTIAL).
 - Don't let confidence turn into arrogance.
 - Never assume that past successes will be duplicated without the hard work that is required.
 - Confidence comes when you have done all that you can to prepare for the task at hand.
 - When you have made the effort to prepare to the fullest extent of your ability, and do not underestimate the challenge of proper preparation, success and greatness lie ahead.



suc·cess [suhk-ses]

1. The favorable or prosperous termination of attempts or endeavors; the accomplishment of one's goals.
2. The attainment of wealth, position, honors, or the like.
3. A performance or achievement that is marked by success, as by the attainment of honors: *The play was an instant success.*
4. A person or thing that has had success, as measured by attainment of goals, wealth, etc.: *She was a great success on the talk show.*

- **“Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to do the best of which you are capable.”**---*John Wooden*
- Success is about the quality of the effort, the journey.
- GPA, scholarships, jobs are all a by-product of the effort put in to find success.
- When you have done your best, you may call yourself a success.
- **“Success is never final, failure is never fatal. It is courage that counts.”**---*John Wooden*



PATIENCE

- Accomplishing important things take time.
- If difficult goals could be achieved quickly, more people would be achievers.
- **“Genius is nothing but a greater aptitude for patience.”** ---*Benjamin Franklin.*
- **“Patience and perseverance have a magical effect before which difficulties disappear and obstacles vanish.”** ---*John Quincy Adams.*
- Success is the result of a lot of little actions.
- Consistency in your work and effort will lead to long term success.
- Success is a marathon, not a sprint.



RESPONSIBILITY

- **“You cannot escape the responsibility of tomorrow by evading it today.” ---Abraham Lincoln.**
- You are responsible for your success or failures.
- Ask for help if you have questions.
- Take full advantage of the resources needed to succeed.
- Admit to and learn from your mistakes.
- Do not place blame on others for your actions.



CHARACTER

- **“Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.”** ---*John Wooden*
- Character counts.
- **“Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands.”** ---*Anne Frank*
- **“The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.”** ---*Martin Luther King, Jr.*
- **“You're a person a lot longer before and after you're a professional athlete. People always say to me, 'Your image is this, your image is that.' Your image isn't your character. Character is what you are as a person. That's what I worry about.”**---*Derek Jeter*



AVOID EXCUSES

- **“Ninety-nine percent of the failures come from people who have the habit of making excuses.”** ---
George Washington Carver
- Remove excuses to be satisfied.
- Do not let things you can't control interfere with the things you can control.
- **“A man can fail many times, but he isn't a failure until he begins to blame somebody else.”** ---*John Burroughs*



PRIDE

- **“Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction.” ---
*Margaret Thatcher***
- Get involved at SHS: There is something here for everyone.
- Take pride in your appearance, how you conduct yourself at this school, how you turn in assignments, and how you treat others.
- Having pride in your school/community is contagious.
- Have pride in what you accomplish; don't apologize for hard work and effort.
- **Personal Responsibility In Developing Excellence**



FAMILY

- **“In every conceivable manner, the family is link to our past, bridge to our future.”** ---*Alex Haley*
- **“Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family.”** ---*Kofi Annan*